



Baltistan: Building capacity of primary care physicians

As part of a MHPSS pilot implementation in Baltistan, a mhGAP training workshop was held in Skardu on 11th November – 15th November 2025. This was attended by seventeen primary care physicians and two clinical psychologists working in the primary healthcare facilities in the region.

The pilot implementation in Baltistan is being supported by the United Nations Population Fund (UNFPA) and its implementing partner RAHNUMA (RFPAP).



Dr Rasheed Ahmed
Humanitarian Analyst, UNFPA



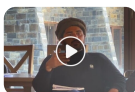
Dr Ashraf Hussain
Director Health Services, Baltistan



Reflections by some participants are shared below:



Dr M. Qasim



Dr M. Yadullah



Dr Abbas Ali



Dr Tayyaba



Dr Rohullah



Dr Sajid Ali



Sadia Bano



Mental Health Strategic Planning & Coordination Unit