

Newsletter 08, dated 20th August 2025 Launch of MHPSS Services in Balochistan



In collaboration with the Ministry of Planning, Development & Special Initiatives, and supported by UN-International Organization for Migration, the MHPSS project was launched in Balochistan on 18th August 2025. The event was organized by Balochistan Institute of Psychiatry and Behavioral Sciences (BIPBS), led by Dr Hazrat Ali, Executive Director.

Mr Mujeeb ur Rehman, Secretary of Health, announced that the Government of Balochistan is fully committed to strengthen existing mental health and psychosocial support services, and has dedicated PKR 100 million for MHPSS services for the first year (2025-2026).

The implementation is planned to kick start with capacity building activities immediately with the support of UN-IOM. The National MHPSS Implementation Plan (2025-2030) by the Ministry of Planning, Development & Special Initiatives was also presented to the Health Department.



The event was attended by key governmental, non-governmental, and academic institutions, including:

Balochistan Institute of Psychiatry & Behavioural Sciences

People's Primary Health Initiative

Provincial Health Information Management System

Commissionerate for Afghan Refugees

Balochistan Civil Services Academy

Regional Office of the College of physicians and Surgeons

Bolan Medical College

Balochistan University of Information Technology, Engineering & Management Sciences (BUITEMS) University of Balochistan Sardar Bahadur Khan Women's University

UN-IOM UNICEF UN Women UNFPA

Family Planning Association of Pakistan (Rahnuma-FPAP)

Action Against Hunger

DANESH

Society for Empowering Human Resource (SEHER)
Pakistan Institute of Living and Learning (PILL)
Strengthening Participatory Organization (SPO)
Youth Association for Development (YAD)
Psychological Aid and Services Society (PASS)



Following the event, a detailed meeting was held at the Secretary Health's office for planning the implementation of the project, for which the technical support will be provided by Mental Health Strategic Planning & Coordination Unit (MHSPCU). Some highlights are shared below:

- 1. A MHPSS coordination committee will be formed at the provincial level to steer the implementation and coordination for the MHPSS project.
- 2. The Health Department Balochistan also requested MHSPCU to provide technical assistance to review the Mental Health Act, Balochistan, which was enacted in 2019 but is yet to be implemented. Extensive consultations were undertaken, the summary of which was presented by the Director Technical, <u>Dr. Rakhshanda Ishaque</u> during a briefing with senior psychiatrists.
 - It is pertinent to highlight that this situation is not unique to Balochistan. Other provinces have encountered even greater challenges in implementation and may likewise benefit from reviewing and strengthening their respective legislations.
- 3. An encouraging discussion with <u>Dr Haroon Kasi</u>, Programme Coordinator, PPHI was also held to discuss the integration of mental health services at the primary healthcare level.
- 4. Options for integrating the data from the MHPSS web-portal to Provincial Health Information Management System (HIMS) were also explored.

Mental Health Strategic Planning & Coordination Unit

