



## Review meeting of MHPSS implementation, Balochistan

A quarterly review meeting with key stakeholders was held in Quetta on December 11, 2025. The objective was to review MHPSS pilot implementation in Balochistan – results and challenges – and plan the next steps.

The meeting was coordinated by the Balochistan Institute of Psychiatry and Behavioural Sciences (BIPBS). It was chaired by Mr. Mujeeb ur Rehman, Secretary Health, Balochistan. The technical support was provided by the Mental Health Strategic Planning & Coordination Unit, MoPD&SI, and logistic support was provided by the International Organization for Migration (UN-IOM), Pakistan.

The meeting was attended by key representatives from the Departments of Health and Social Welfare, Faculty from the BIPBS, and representatives from UN organisations & INGOs, including UN-IOM, UNHCR, WHO, ACF, YAD, WFP.



Dr. Asma Humayun, National Technical Advisor for Mental Health, presented the MHPSS implementation in Balochistan: Results, challenges & way forward.

Some challenges of coordination and steering at the provincial level were discussed with the Secretary Health & his team, who have proposed a comprehensive plan to address the existing gaps.

The performance of the primary care physicians was reviewed with Dr Hazrat Ali, Executive Director & other supervisors from BIPBS.

Detailed deliberations were held on integration of MHPSS services with health systems & district structures with Dr. M B Raja Dharejo, CEO People's Primary Healthcare Initiative Balochistan (PPHI-B) & his team; Dr. Samina Bugti, Deputy Director, MNCH programme & other stakeholders from senior health management.

The need for stakeholder mapping and coordination of all future interventions related to MHPSS at the provincial level with UN organizations, INGOs & other donor agencies was also highlighted.

Existing data gaps were discussed, and strategies were explored to integrate data from the MHPSS web-portal & other sources to strengthen the health information system and encourage data-driven policy.

Access to MHPSS services through the existing helplines in the province was also discussed as part of developing effective referral links.

Mental Health Strategic Planning & Coordination Unit