



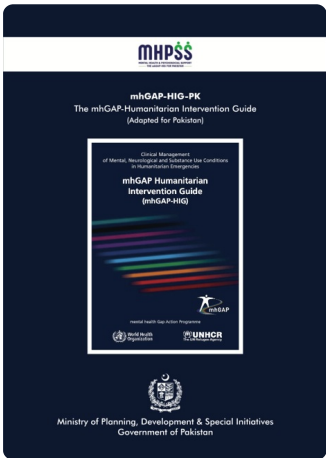
The mhGAP-HIG-PK guide has been adapted from the mhGAP Humanitarian Intervention Guide (mhGAP-HIG): Clinical management of mental, neurological and substance use conditions in humanitarian emergencies. World Health Organization and United Nations High Commissioner for Refugees (WHO, 2015).

The clinical protocols have been supplemented by evidence-based clinical tools including key questions and examination techniques, derived from Implementing the mental health Gap Action Programme intervention guide: a job aid for non-specialist health professionals (EMRO WHO, 2021).

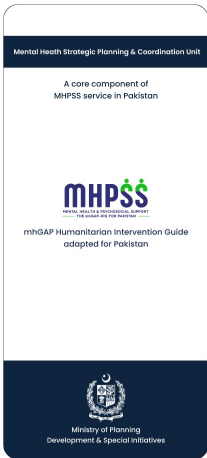
The first draft of the guide was prepared in 2020, with the support of International Medical Corps. The final draft was prepared in 2021, as part of the MHPSS initiative and was funded by UNICEF Pakistan.

The guide was formally launched by the Ministry of Planning, Development and Special Initiatives on the World Mental Health Day, 10th October 2022 with the support of the World Health Organization, Pakistan.

First 500 copies were printed in 2023 and additional 500 copies were reprinted in 2025, with the support of International Medical Corps.



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The mhGAP-HIG-PK mobile app

It is crucial to build the capacity of primary care physicians to integrate mental healthcare into primary care setting to address the treatment gap for common mental disorders in Pakistan. The guide was first piloted in 2023–24 to train 105 primary care physicians and clinical psychologists in KP. Refresher training workshops were also held in 2024. These training workshops were supported by International Medical Corps.



Haripur – Mansehra, 7th – 11th Aug 2023



Lower Dir, 15th – 19th Aug 2023



Mardan – Swabi, 21st – 25th Aug 2023



Chitral, 30th Oct – 4th Nov 2023



Mardan – Swabi – Nowshera, 13th – 17th Nov 2023



Peshawar – Kohat, 4th – 8th Dec 2023