



DIRECTORATE GENERAL HEALTH SERVICES  
PUNJAB, LAHORE

NO. -30- /PA/DGHS

Dated Lahore the 19<sup>th</sup> February, 2026

To

Dr. Asma Humayun  
National Technical Advisor  
Mental Health Strategic Planning & Coordination Unit  
Ministry of Planning Development & Special Initiatives, Islamabad.

SUBJECT: NATIONAL CONSULTATIVE PROCESS TO REVIEW MENTAL HEALTH LEGISLATION IN PAKISTAN - NATIONAL WORKING GROUP ON LEGISLATIVE REFORMS.

Reference to your letter No. 6(262)/HPC/2026, dated 15<sup>th</sup> January, 2026, on the subject cited above.

2. **Dr. Shahzad Sarwar**, Additional Director Health Services (Food & Nutrition), Directorate General Health Services, Punjab Lahore is hereby nominate to conduct National Consultative Process to Review Mental Health Legislation in Pakistan - National Working Group on Legislative Reforms at Islamabad on 25<sup>th</sup> March, 2026 (Wednesday).

  
DIRECTOR GENERAL HEALTH SERVICES  
PUNJAB, LAHORE

Cc:

1. **Dr. Shahzad Sarwar**, Additional Director Health Services (Food & Nutrition), Directorate General Health Services, Punjab
2. PA to Director Health Services (HQ), of this Directorate.
3. Master File.